
This second article of a two-part case study focuses on the experiences of a patient and his spouse (caregiver) when a neurological trauma occurs. It is the personal account when A.B. survived a vertebral artery aneurysm and hemorrhage resulting in a subarachnoid hemorrhage. It is also an in-depth post-trauma account from two speech-language pathologists’ viewpoints (i.e., patient and spouse/caregiver). Present-day persistent difficulties, 5 years post-trauma, are also presented. Therapeutic strategies for managing working memory difficulties, attention issues, and word retrieval issues are given. The spouse’s perspective on managing emotional and caregiver stressors and recommendations based on these personal experiences and the Caregiver Empowerment Scale are provided. Suggestions for patients with neurological trauma returning home are suggested to improve home and social integration. In addition, strategies for caregivers are suggested to reduce stress and improve quality of life.